

Crux [Heckeler/Meeks]

It starts long before it begins

The inner drive to win

A motivating spark

Deeper than the skin

Flesh and blood propel us on

Action and outcome

It is only a hallmark

Deeper than the atom

There is no strength

Without resistance

CH:

Sometimes you fall

Sometimes you break

Hang on as long as you can

As long as it takes

As long as you plan

Mental into physical

Emotional flaws

When the spirit aches

Overcoming the wall

Life is just an endless hurtle

Test of our skill

Origins of our mistakes

Forced against our will

There is no gain

Without persistence

CH:

Sometimes you fall

Sometimes you break

Hang on as long as you can

As long as it takes

As long as you plan

You finish long after it ends

Success is in hand

It's really the start

Pure adrenaline

Space and time keep us strong

Deeper than our wrongs

Reflecting on our part

Pushing us along

There is no success

Without substance

CH:

Sometimes you fall

Sometimes you break

Hang on as long as you can

As long as it takes

As long as you plan